

Jörn Linedancers



Strummingbird

Count: 32 Wall: 4 Level: Beginner

Choreographer: Maddison Glover

Music: One More by James Johnston

1-8 Side, Touch in place, Side, Touch in place, Grapevine with Touch

- 1,2 **step** right with RF (slightly bend both knees), **touch** LF in place
(Option 1 swing the hips down to right side, 2 click R hand in front of eyes or tip hat)
3,4 **step down** onto LF (slightly bend both knees), **touch** RF in place
(Option 3 swing the hips down to left side, 4 click L hand in front of eyes or tip hat)
5,6 **step** right with RF, **cross** LF behind RF
7,8 **step** right with RF, **touch** LF next to RF

9-16 Hip Bumps, Hip Bump with Flick behind, Grapevine with Touch

- 1,2 **step/rock** LF to left side (**bump** hips to left, **bump** hips to right)
3,4 **bump** hips to left, **bump** hips to right with LF **flick behind** RF
5,6 **step** left with LF, **cross** RF behind LF
7,8 **step** left with LF, **touch** RF next to LF

17-24 Heel Struts fwd 4x

- 1,2 step forward on right **heel**, lower right **toes** to floor
3,4 step forward on left **heel**, lower left **toes** to floor
5,6 step forward on right **heel**, lower right **toes** to floor
7,8 step forward on left **heel**, lower left **toes** to floor
(Option funk it up - slightly bend knees when you lower toes)

25-32 Double Heel fwd, Double Toe back, V-Step ¼ turn

- 1,2 touch R **heel** fwd **2x**
3,4 tap R **toe** back **2x**
5,6 **step** RF diagonally R, **step** LF diagonally L (out-out)
7,8 **step** RF diagonally back with ⅛ turn, step LF with ⅛ turn R (in-in) (3:00)
(Option 8 Jump together as you clap hands together)

From the top

Ending: After the final V-Step (6:00), make a further ½ turn (12:00) jumping feet apart as you throw both hands up in the air!



Katie Leuenberger